



# WINTER BOOT CAMP AT GREEN VALLEY!

**Are YOU Ready to Lose that Holiday Weight? Are YOU Ready to Become More Athletic and Condition your Body?**

Refer a NEW Friend to Boot Camp and save



**DATES:**

**Jan 16 - Feb 24**

**COST:**

**Members-**

**\$180 full session**

**\$15 drop in/**

**Nonmembers-**

**\$240 full session**

**\$20 drop in**

**Please contact Chrissy Smith at 601-1229 for further information. Registration is at the Green Valley location. Space is limited. Payment is due no later than Jan 13 in order to secure spot.**