

Surf & Turf

Aquatics Fitness Class

February 27th-April 28th

No Classes April 9-14

Let's Get Physical!
Healthy kids learn **MORE**
when they're **ACTIVE!**

- Improve Swim Skills thru Water Sports: Water Volleyball, Water Basketball, Water Polo, Games & FUN!
- Improve Motor Skills, Coordination & Self Esteem
- Use Water Resistance & Body Weight to Challenge your heart & Get Fit!
- Team Building & Character development

Wednesday or Friday

10:30am-11:15am

\$79 Members / \$99 Non-Members



21-A Oak Branch Dr Greensboro, NC 27407

336-851-1890 x1102 or kidsprograms@pyramids.org